PROFILE

Energetic, Team player and able to communicate.

Gender: FEMALE

EDUCATION

Languages:
Hindi: Fluent C1
Nepali: Fluent C2
English: Average +3

MAINA LAMA TAMANG

PROFFESSION (HOUSE MAID)

EDUCATION

School Leaving Certificate

WORK EXPERIENCE

Worked as a "Housemaid" for 2 years in Nepal.

House Maid Duties and Responsibilities

- Clean and maintain the house, rooms, kitchen, and bathrooms.
- Sweep, mop, vacuum, and dust furniture and floors.
- Wash, dry, iron, and fold clothes and household linens.
- Prepare and serve meals according to family requirements.
- Wash dishes, utensils, and kitchen equipment.
- Make beds and change bed sheets regularly.
- Keep household items organized and properly stored.
- Dispose of household waste and maintain cleanliness.